



# PRENATAL CARE



## Did you know that Premier Lactation Services also offers prenatal appointments?

A prenatal appointment can be especially helpful for your patients with identifiable risk factors for low milk supply including:

- ✦ Gestational Diabetes
- ✦ Hypertension or PIH
- ✦ Thyroid or pituitary problem
- ✦ History of PCOS or infertility
- ✦ History of breast surgery
- ✦ Obesity
- ✦ No breast changes with pregnancy
- ✦ Previous low milk supply



In addition to teaching the basics of latch, hand expression, and pumping, we will help your patients with a plan to mitigate existing risk factors.

What we do:

- ✦ Provide care in the home setting
- ✦ Create an individualized care plan for each family
- ✦ Complement existing maternity care
- ✦ Decrease maternal stress levels by providing on-going support
- ✦ Decrease the number problem calls for your office in post-partum period
- ✦ Maximize the amount of colostrum and human milk to each baby

Call or text to schedule a prenatal or post-partum lactation consultation.

571-722-6450

*\*Appointments with Spanish-Language interpretation available upon request.*

[www.PremierLactationServices.com](http://www.PremierLactationServices.com)