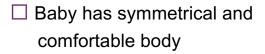
Is your baby ready for tongue/lip tie release?



	Mom	and	baby	emotionally	regulated
--	-----	-----	------	-------------	-----------

- ☐ Pre-op visit with IBCLC:
 - ☐ Stable milk supply (discuss management strategies with IBCLC)
 - ☐ Age-appropriate weight gain (supplementation, if needed)
 - ☐ Started practicing strength and mobility exercises
 - □ Alternative feeding plan (not always needed but good to have in mind)



- ☐ Family is committed to aftercare and understands the importance of wound management
- ☐ Plan in place for post-operative pain control
- ☐ Follow-up visit scheduled with IBCLC 3-5 days post-op and two weeks post-op



